



FOGSI ICOG CERTIFICATE COURSE ON "ADOLESCENT HEALTH"



Thu 28th, Fri 29th, Sat 30th August 2025

Timing: 4.00pm to 7.00pm



Dr. Sunita Tandulwadkar
President FOGSI ICOG



Dr. Parag Biniwale
Chairperson ICOG



Dr. Sheela Mane
Chairperson Elect ICOG



Dr. Suvarna Khadilkar
Secretary General FOGSI



Prof. Ashok Kumar
Vice Chairperson ICOG



Dr. Sarita Bhalerao
Secretary ICOG

Convenors



Dr. S. Sampathkumari
Past Vice President FOGSI



Dr. Durga Shankar Das
ICOG GCM



Dr. Supriya Jaiswal
Chairperson Adolescent Health
Committee FOGSI

Coordinators

Day 1



Dr. Poonam Lal

Day 2

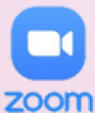


Dr. Supriya Arwari

Day 3



Dr. Radhika Gowri



ID: 828 9056 6922 | Passcode: 426237

ICOG has Awarded 10 Credit Points

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Day 1 | 28th August 2025 (Thursday)

Convenor : Dr. Supriya Jaiswal
Coordinator: Dr. Poonam Lal

4:00 pm - 4:10 pm	Inauguration & Welcome by FOGSI President Dr. Sunita Tandulwadkar, Dr. Suvarna Khadilkar, Secretary General FOGSI & Chairperson ICOG Dr. Parag Biniwale
4:10 pm - 4:15 pm	Overview of Day 1 topics by Dr. Supriya Jaiswal

4.15 pm - 5.00 pm Session 1		
Chairpersons : Dr. Vrishali Mane, Dr. Minal Chidgupkar		
Time	Topic	Speakers
4.15 pm - 4.30 pm	Nutrition in adolescents	Dr. Supriya Arwari
4.30 pm - 4.45 pm	Metabolic Syndrome in Adolescents	Dr. Sarita Bhalerao
4.45 pm - 5.00 pm	Embracing Diversity : Celebrating LGBTQ Identities	Dr. Supriya Jaiswal

5.00 pm - 6.00 pm Session 2		
Chairpersons : Dr. Vidya Thobbi, Dr. Bharathi Rajshekhar, Dr. Manisha Barmade		
Time	Topic	Speakers
5.00 pm - 5.15 pm	Primary Amenorrhea	Dr. Suvarna Khadilkar
5.15 pm - 5.30 pm	Precocious Puberty	Dr. Niharika Allu
5.30 pm - 5.45 pm	How to set up adolescent clinic	Dr. Priya Vora
5.45 pm - 6.00 pm	Adolescent Sexuality and Mental health- The Deep Connection.	Dr. Patanjali Dev Nayar

6.00 pm - 7.00 pm Session 3		
Chairpersons : Dr. R Premalatha, Dr. Kiran Pandey, Dr. Rita Kumari Jha		
Time	Topic	Speakers
6.00 pm - 6.15 pm	HMB in adolescents	Dr. Chandan Kachru
6.15 pm - 6.30 pm	PCO in Adolescents	Dr. Hema Divakar
6.30 pm - 6.45 pm	Menstrual Hygiene	Dr. Meenakshi Bharat
6.45 pm - 7.00 pm	Post Test - Day 1 Topics	
7.00 pm	Concluding Remarks	Convenor

****Note: Eligibility criteria- 50% marks in post test on all 3 days.
Certificate will be issued to eligible FOGSI members ONLY**

Day 2 | 29th August 2025 (Friday)

Convenor : Dr. Durga Shankar Das
Coordinator: Dr. Supriya Arwari

4:00 pm – 4:10 pm	Welcome by Dr. Ashok Kumar, Vice Chairperson ICOG & Chairperson Elect Dr. Sheela Mane
4:10 pm – 4:15 pm	Overview of Day 2 topics by Dr. Durga Shankar Das

4.15 pm – 5.00 pm Session 1		
Chairpersons : Dr. Charu Chandra Joshi, Dr. Sadhana Gupta , Dr. Manisha Ghate		
Time	Topic	Speakers
4.15 pm – 4.30 pm	Sexual Behavior in Adolescents	Dr. Jeyarani Kamaraj
4.30 pm – 4.45 pm	Teenage Pregnancy	Dr. S. Sampath Kumari
4.45 pm – 5.00 pm	STI & RTI in Adolescents	Dr. Apurba Kumar Dutta

5.00 pm – 6.00 pm Session 2		
Chairpersons : Dr. Shashibala B Sao, Dr. Vidya Choudhary, Dr. Jyoti Bunglowala, Dr. Sanjay Kishore Das		
Time	Topic	Speakers
5.00 pm – 5.15 pm	Contraception in Adolescents	Dr. Basab Mukherjee
5.15 pm – 5.30 pm	Sexual Violence	Dr. Durga Shankar Das
5.30 pm – 5.45 pm	POCSO Act	Dr. Dilip Walke
5.45 pm – 6.00 pm	MTP in Adolescents	Dr. Bharati Maheshwari

6.00 pm – 6.50 pm Session 3 Mentor Mentee		
Moderator– Dr. Girish Mane		
Time	Topic	Speakers
	School health Program	Dr. Roza Olyai
	How to overcome peer pressure	Dr. Suchitra Pandit
	Sexual Assault Survivor	Dr. Padmini Prasad
	Spiritual Health	Dr. Shyama Kanungo
6.50 pm – 7.05 pm	Post Test – Day 2 Topics	
7.05 pm	Concluding Remarks	Convenor

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Day 3 | 30th August 2025 (Saturday)

Convenor: Dr. SSampathkumari
Coordinator: Dr. Radhika Gowri

4:00 pm – 4:10 pm	Welcome by Dr. Sarita Bhalerao, Secretary ICOG & Dr. Sadhana Gupta, Vice Chairperson Elect
4:10 pm – 4:15 pm	Overview of Day 3 topics by Dr. S Sampathkumari

4.15 pm – 5.05 pm Session 1		
Chairpersons : Dr. Sheela Mane, Dr. Meena Samant, Dr. Hepzhibah Kirubamani		
Time	Topic	Speakers
4.15 pm – 4.30 pm	HPV Vaccination	Dr. Shyjus P
4.30 pm – 4.45 pm	School Counselling	Dr. Josphene
4.45 pm – 5.00 pm	Media Influence on Adolescent	Dr. Rajapriya R

5.00 pm – 5.45 pm Session 2		
Chairpersons : Dr. Ashok Kumar, Dr. M.Meena		
Time	Topic	Speakers
5.00 pm – 5.15 pm	Medical Management of Endometriosis in adolescent	Dr. Chitra
5.15 pm – 5.30 pm	Surgical Management of Endometriosis in adolescent	Dr. Kalpana B
5.30 pm – 5.45 pm	Adnexal Mass in adolescent	Dr. Chinmayee Ratha
5.45 pm – 6.00 pm	Fertility Preservation Adolescent Malignancy	Dr. Asha Baxi

6.00 pm – 6.45 pm Session 3		
Time	Topic	
6.00 pm – 6.45 pm	Case Based discussion on Adolescent Health Moderator: Dr. Laxmi Shrikhande	Panelists: Dr. Shobha Gudi Dr Suman Sinha Dr. Selvapriya Dr. Radhika Gowri Dr. Janani, Psychiatrist
6.45 pm – 7.00 pm	Post Test – Day 3 Topics	
7.00 pm	Concluding Remarks & Vote of Thanks	Convenor

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